



HSE 101 Milestone Four Rubric

Describe what you have learned in this course so far that you can apply to your everyday life.

Guidelines for Submission: Submit 1–2 paragraphs (half a page). Double-space your work and use 12-point Times New Roman font and APA style.

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Summary of Learning	Meets “Proficient” criteria and is exceptionally clear	Summarizes how coursework can be applied to real life and how it relates to career goals	Summarizes how coursework can be applied to real life and how it relates to career goals, but lacks detail	Does not summarize how coursework can be applied to real life and how it relates to career goals	45
Comprehension and Thoroughness	Paper contains organized ideas using rich and significant detail; supports ideas by referencing course materials	Paper contains organized ideas using adequate detail; supports ideas by referencing course materials	Paper contains loosely organized ideas using vague detail; references to course materials are either vague or missing	Paper contains disorganized ideas that are unsupported by course materials	45
Writing (Mechanics)	Paper is easily understood, clear, and concise using proper citation methods where applicable with no errors in citations and no major errors related to grammar, spelling, or syntax	Paper is easily understood using proper citation methods where applicable with few errors in citations and some minor errors related to grammar, spelling, or syntax	Paper is understandable using proper citation methods where applicable with a number of errors in citations and many errors related to grammar, spelling, or syntax	Paper includes critical errors in grammar, spelling, or syntax that prevent understanding of ideas	10
Earned Total					100%