

## PSY 200 Case Study Final Project Guidelines and Rubric

### Overview

There are two major projects for this course.

**Scenario/Case Study:** This is a final project (with milestones) in which students will analyze a scenario of an individual dealing with an addiction in order to explore potential diagnoses that could apply and to articulate a treatment plan for the individual. The goal of this assignment is to understand how addictions impact the individual, family, community, and/or society.

This assessment will assess your mastery with respect to the following course outcomes:

- Evaluate major intervention techniques for their effectiveness in treating addictions
- Differentiate between the physiological and psychological effects of mood-altering substances on behaviors and mental processes
- Analyze addictive behaviors for their social and psychological effects on the individual, family, community, or society
- Differentiate between the biological, environmental, and philosophical perspectives on addiction

**Prevention Program:** Students will design a small prevention program that could be implemented at a health fair, at a workplace, or in a school. The goal of this assignment is to articulate the social, biological, and psychological consequences of addictive behaviors to an at-risk population and contextualize issues of addiction in historical and social frameworks.

This assessment will assess your mastery with respect to the following course outcomes:

- Analyze addictive behaviors for their social and psychological effects on the individual, family, community, or society
- Identify connections between historical milestones and contemporary approaches to addictions

## Case Study Prompt

Throughout this course, you have learned about addictions, their impact on the individual/family/society, and treatment options. For the case study project, you will draw on what you have learned to analyze a provided case study.

In the final project milestones, you focused on certain aspects of the case study. For your final paper, complete a full analysis of [this case study](#). Specifically, address the following **critical elements** in your paper:

- Client Information
  - Provide a complete background history on the client, including identifying the client and providing the addiction that the client presents with.
- Assessment
  - Identify through the use of assessments the physiological procedure the client uses for administration of his addiction (oral, injection, watching videos, phone calls).
  - Describe the type of environment in which the client spends his time.
    - i. Is there support within the family?
    - ii. Does the subject hang around with friends who are using addictive substances?
    - iii. Is the subject working for a company where his addiction is encouraged?
  - What is the client's philosophical stand about his addiction?
    - i. What is his motivation level for getting help?
    - ii. Is there a sense of hope or hopelessness?
- Addiction Information
  - Identify the addiction that this client presents with and provide a background history of that addiction
    - i. Does the client have a substance addiction, like alcohol, prescriptions, or illicit drugs?
    - ii. Does the client have a process addiction, like gambling, video gaming, or shopping?
  - What is the impact of the addiction on the individual, family, community, and/or society?
    - i. What are the consequences on the individual, his family, his workplace, and his community due to his addiction?
    - ii. Has he lost his family, job, friends, community standing, self-esteem, credibility, freedom?
  - Differentiate between the physiological and psychological effect of the addiction.
    - iii. Does the addiction physiologically affect the client's behaviors and mental processes? If so, how?
    - iv. Does the addiction psychologically affect the client's behaviors and mental processes? If so, how?
- Treatment
  - Describe the treatment plan for this client.
    - i. Do you agree with the counselor's choice of treatment?

- ii. If so, discuss why you agree with the counselor's choice. If not, describe how you would alter the treatment plan. Provide support for your claims.
- iii. Out of the seven therapy models discussed in this course, which do you think would work best for this client?
  - a) Moral model
  - b) Psychological model
  - c) Family model
  - d) Disease model
  - e) Biological model
  - f) Sociocultural model
  - g) Multi-causal model
- If the counselor were to develop a relapse prevention plan for this client, what could this plan look like? (See choices below.)
  - i. Would you collaborate with a psychiatrist to use medication?
  - ii. Group therapy
  - iii. Support meetings
  - iv. Intensive outpatient (9 hours of therapy per week)
- Provide examples of how the proposed relapse prevention plan would impact the individual, family, community, and/or society. (See choices below.)
  - i. Family therapy
  - ii. Use of an employee assistance program
  - iii. Monitored recovery
  - iv. Aftercare programs
  - v. Volunteering within the community to help others
  - vi. Sponsorship
- Results
  - Discuss the results of this case.
    - i. Did the client respond positively to the treatment?
    - ii. Did the client relapse?

## Milestones

Case Study Milestone One: Short Paper

In **Module Two**, you will read [this case study](#) and write a short paper. You will be focusing on the addiction and its effects. This milestone will be graded with the **Case Study Milestone One Rubric**.

Case Study Milestone Two: Short Paper

In **Module Four**, you will write a short paper in response to [this case study](#). In the previous milestone, you focused on the addiction and its effects. In Milestone Two, you will want to focus on the assessment used as well as the addiction. This milestone will be graded with the **Case Study Milestone Two Rubric**.

Case Study Submission: Final Paper

In **Module Seven**, you will submit your final paper, which consists of a full analysis of [this case study](#). This submission will be graded with the **Final Case Study Rubric**.

## Final Case Study Rubric

**Guidelines for Submission:** This submission should follow APA formatting guidelines, use 12-point Times New Roman font and 1-inch margins, be at least 5 pages in length, not including the title page and references page, and employ a minimum of 2 scholarly sources that directly support your main ideas.

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
<b>Identify Client: Background Information</b>	Meets "Proficient" criteria, and analysis of the client is extensive and imperative to the case study	Provides a complete background history of the client	Provides an incomplete background history of the client	Does not provide background information	10
<b>Addiction: Assessment</b>	Meets "Proficient" criteria and utilizes relevant examples to substantiate claims	Discusses the physiological procedure client uses to administer his addiction, the environmental elements he is affected by, and his philosophical stand about his addiction	Discusses the physiological procedure the client uses to administer their addiction but does not discuss the environmental elements he is affected by, and/or his philosophical stand about his addiction	Does not provide addiction assessment information	15

<b>Addiction Information: Identification</b>	Meets “Proficient” criteria and uses specific, relevant examples to substantiate claims through the synthesis of the scholarly research	Identifies the addiction the client presents with and the background history of that addiction. Supports by referencing scholarly research	Identifies the addiction, but does not provide a history of the addiction or does not support by referencing scholarly research	Does not identify the addiction and its background history	15
<b>Addiction Information: Impact</b>	Meets “Proficient” criteria and uses multiple examples to substantiate the addiction’s impact on the client, his family, his friends, and his society/community	Identifies the impact of the addiction on the client, his family, his friends, and his society/community and provides an example for each	Identifies the impact of the addiction on the client, his family, his friends, and his society/community, but does not provide examples	Does not identify the impact of the addiction	10
<b>Addiction Information: Physiological and Psychological Effects</b>	Meets “Proficient” criteria and uses specific and relevant examples to substantiate claims	Discusses if and how the addiction physiologically and psychologically affects the client’s behaviors and mental processes	Discusses if the addiction physiologically and psychologically affects the client’s behaviors and mental processes, but discussion lacks how it affects the client’s behaviors and mental processes	Does not discuss the physiological and psychological effects of the addiction	10
<b>Treatment Plan: Therapy Model</b>	Meets “Proficient” criteria and uses specific, relevant examples to illustrate the effectiveness of this model for this client	Utilizes an appropriate therapy model within the treatment plan and supports this decision with one peer-reviewed article	Utilizes a therapy model, but model is not appropriate or decision is not supported with a peer-reviewed article	Does not utilize a therapy model within the treatment plan	10
<b>Treatment Plan: Relapse Prevention Plan</b>	Meets “Proficient” criteria and uses specific, relevant examples to identify the elements of the relapse plan, the treatment model, and the client’s support system	Describes the elements of the relapse prevention plan, the treatment model that will be used, and the client’s support system	Describes the elements of the relapse prevention plan, but does not describe the treatment model that will be used and/or the client’s support system	Does not include a relapse prevention plan	10
<b>Treatment Plan: Impact on the Individual, Family, Community, and/or Society</b>	Meets “Proficient” criteria, and specific, relevant examples are used to support the claims. Synthesizes information exemplified in reference	Describes how the proposed relapse prevention plan will impact the individual, family, and community/society. Utilizes a reference to support claims	Description contains gaps between the relapse prevention plan and how it will impact the individual, family, and community/society, OR the description does not utilize a reference to support the claims	Does not discuss the impact of the treatment plan on the individual, family, and community/society	10
<b>Application of APA Format</b>	Submission is free of errors related to citation format, references, or other elements of APA style	Submission has no major errors related to citation format, references, or other elements of APA style	Submission has major errors related to citation format, references, or other elements of APA style	No attempt to apply APA style is evident within the submission	5

# Southern New Hampshire University

<b>Articulation of Response</b>	Submission is free of errors related to grammar, spelling, and syntax	Submission has no major errors related to grammar, spelling, syntax, or organization	Submission has major errors related to grammar, spelling, syntax, or organization that negatively impact readability and articulation of main ideas	Submission has critical errors related to grammar, spelling, syntax, or organization that prevent understanding of ideas	5
<b>Total</b>				<b>100%</b>	