

IDS 402 Final Project Guidelines and Rubric

Overview

In this course, you will explore the relationship between wellness, society, and the individual. It is important to recognize the influence and impact that wellness can have and what that means for individuals in all disciplines.

Issues of wellness have influence on many aspects of society, and how that is dealt with requires diverse knowledge and perspectives to investigate and change. Across many disciplines, the ability to investigate and then articulate a plan to inspire change is often necessary to achieve personal and professional goals. The purpose of this project is to examine the role of wellness in society and how that impacts individuals through the development of a plan that addresses a local or global problem relating to wellness.

The project is divided into **four milestones**, which will be submitted at various points throughout the course to scaffold learning and ensure quality final submissions. These milestones will be submitted in **Modules Two, Three, Five, and Six**. The final product will be submitted in **Module Seven**.

In this assignment, you will demonstrate your mastery of the following course outcomes:

- IDS-402-01: Analyze the various components of wellness for investigating the influence of wellness on one's discipline of study or chosen profession
- IDS-402-02: Integrate interdisciplinary approaches for determining the impact that contemporary issues in healthcare systems have on modern society
- IDS-402-03: Describe contemporary issues surrounding wellness for their relevance to and impact on the individual and society by employing appropriate research strategies
- IDS-402-04: Recommend potential applications of strategies for monitoring and enhancing personal and public wellness
- IDS-402-05: Articulate informed viewpoints on contemporary issues surrounding wellness issues through effective communication skills
- IDS-402-06: Assess cultural and social attitudes, choices, and behaviors for their implications to lifelong health and wellness through the incorporation of diverse perspectives and viewpoints informed by relevant literature and peer experiences

Prompt

For this project, you will choose a local or global issue that pertains to wellness. The chosen issue should also relate to one or more of the topics that has been addressed in this course (art, transforming practices and attitudes, technological advances, social attitudes, environment, etc.). In this presentation, you will explain the issue, describe how it pertains to wellness, and provide a plan of action for addressing this issue. This plan includes recommendations for improvements as well as strategies and a plan for implementing the recommendations. You will develop your plan as a multimedia presentation that will require an oral component. This oral component should be audio that accompanies a PowerPoint presentation. You will be required to provide written speaker notes that correspond with your presentation.

Be sure to support your answers with appropriate evidence. You are encouraged to conduct interviews with individuals who are involved with or affected by the issue you are addressing, but this is not required. Relevant and appropriate research is also acceptable.

Specifically, you must address the following **critical elements**:

- I. **Introduction:** For this part of the project, you will examine the importance of wellness in society and how it influences social practices as well as your discipline of study. To help guide your analysis, you will explore a topic that has been discussed in this course (art, transforming practices and attitudes, technological advances, social attitudes, environment, etc.).
 - A. Analyze the **importance** (or lack thereof) of wellness and health in society. In other words, has an emphasis or lack of emphasis on wellness in society sparked change in the everyday behavior of individuals or societies? [IDS-402-01]
 - B. Analyze how wellness has influenced the behaviors and operations of individuals in your **discipline of study** or area of interest. In other words, look at the influence of wellness through the lens of your discipline. [IDS-402-01]
 - C. Analyze how **social practices** have shaped our idea of wellness and how that idea of wellness has shaped social practices. [IDS-402-02]
- II. **Issue:** For this part of the project, you will introduce the issue and how it relates to wellness and any of the topics that have been discussed in the course.
 - A. Using appropriate research strategies, describe a **social or global issue** that is related to wellness. [IDS-402-03]
 - i. What is the origin of the issue?
 - ii. What is the issue about?
 - B. Using appropriate research strategies, describe the **target population** of the issue. [IDS-402-03]
 - i. Who is impacted by the issue?
 - ii. What is important to know about them?
 - C. Using appropriate research strategies, explain how the chosen issue relates to a **topic** that has been discussed in this course. [IDS-402-03]
 - i. In other words, how can you connect the social or global issue you have chosen with a topic that has been discussed in this course?
 - ii. How does it inform your understanding of the issue?
 - D. Using relevant research or diverse perspectives, assess how the chosen issue is **impacting** the target population. [IDS-402-06]
- III. **Plan:** For this part of the project, you will offer recommendations and a plan to improve the issue, as well as strategies for implementing your plan.
 - A. Explain the **goals** of your plan. What are the specific goals you are trying to accomplish with your plan? [IDS-402-04]
 - B. Make **recommendations** for how the current issue could be addressed in order to minimize its impact on the target population. Think of specific strategies or tactics that you could implement to address the issue. [IDS-402-04]
 - C. Consider the implications of social attitudes and individual choices on lifelong health and wellness. If you were in charge of addressing your chosen issue, what **challenges** would you face when implementing your plan? How would you address those challenges? Support your answer with relevant research or diverse perspectives. [IDS-402-06]
 - D. Explain the **strengths** of your plan and why it is likely it would be successful. [IDS-402-04]

- IV. **Conclusion:** For this part of the project, you will conclude your presentation by examining the role of wellness in society and how it influences aspects of culture and the individual.
- A. Using the four lenses, explain how issues in wellness **impact** modern society. [IDS-402-02]
 - B. Using the four lenses, explain how your selected topic has or has not shaped your **idea of wellness**. [IDS-402-02]
 - C. Explain how the various components of wellness **influence** both your personal and professional contexts. Consider how the components of wellness impact the day-to-day responsibilities or questions faced by practitioners in your field or discipline. [IDS-402-01]
 - D. Reflecting on the research you did for this project and the diverse perspectives presented in this course, assess how changing **attitudes, choices, and behaviors** have the potential to improve personal and societal wellness. [IDS-402-06]
- V. **Presentation:** Throughout your presentation, you will be assessed on your ability to use effective multimedia communication skills to deliver your message to your audience.
- A. Construct your presentation in a way that ensures the audio and visual elements are logically **organized** in order to convey your message to your audience. [IDS-402-05]
 - B. Provide supporting **evidence** in your presentation to articulate the importance of the chosen issue and the goals of the plan. Make sure you include citations in appropriate APA or MLA format. [IDS-402-05]
 - C. Select multimedia elements to logically **flow** with your presentation to articulate the importance of the chosen issue and the goals of your plan. [IDS-402-05]
 - i. Did you emphasize key ideas in your audio elements?
 - ii. Do your multimedia elements logically flow with the accompanying presentation?

Milestones

Milestone One: Introduction

In **Module Two**, you will complete a draft of the Introduction section of your presentation. In this section, you will examine the importance of wellness in society and how it influences social practices as well as your discipline of study. The final project represents a significant portion of your final grade, so it is imperative that you develop your ideas well. **This milestone will be graded with the Milestone One Rubric.**

Milestone Two: Issue

In **Module Three**, you will submit a draft of the Issue section of your presentation. In this section, you will introduce the issue and how it relates to wellness and any of the topics that have been discussed in the course. This milestone will be submitted as a Word document. Note that this document, with revisions, can serve as your speaker notes for the final project submission. **This milestone will be graded with the Milestone Two Rubric.**

Milestone Three: Plan

In **Module Five**, you will submit a draft of the Plan section of your presentation. In this section, you will offer recommendations and a plan to improve the issue as well as strategies for implementing your plan. You will also create the visual facet of your final project presentation. Keep in mind that your voice will be the primary carrier of your message and that visuals play a supporting role. You want your voice and visuals to work together and not compete for attention, so you should minimize the number of words on each slide and maximize the use of visual elements, including photographs, illustrations, and graphs. You will submit



this milestone as a presentation draft in PowerPoint that will include visuals and a speaker notes. **This milestone will be graded with the Milestone Three Rubric.**

Milestone Four: Presentation Practice and Tech Check

In **Module Six**, you will practice putting it all together. For this assignment, you will narrate the first section of your presentation. **This milestone will be assessed on a pass/fail basis.**

Final Submission: Presentation

In **Module Seven**, you will submit your final project. It should be a complete, polished artifact containing **all** of the critical elements of the final product. It should reflect the incorporation of feedback gained throughout the course. **This submission will be graded with the Final Project Rubric.**

Deliverables

Milestone	Deliverable	Module Due	Grading
One	Introduction	Two	Graded separately; Milestone One Rubric
Two	Issue	Three	Graded separately; Milestone Two Rubric
Three	Plan	Five	Graded separately; Milestone Three Rubric
Four	Presentation Practice and Tech Check	Six	Graded separately; Pass/Fail
	Final Project Submission: Presentation	Seven	Graded separately; Final Project Rubric

Final Project Rubric

Guidelines for Submission: Your multimedia presentation (10 slides minimum) with audio elements must be accompanied by 6 to 8 pages of speaker notes. The notes should be submitted in a Word document with 12-point Times New Roman font, double spacing, and one-inch margins. The length of this presentation (including all audio elements) should be 8 to 12 minutes. Include a minimum of three relevant resources and cite them according to APA or MLA style.

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Introduction: Importance [IDS-402-01]	Meets "Proficient" criteria, and analysis demonstrates keen insight into the importance or lack of importance of wellness in society	Analyzes the importance or lack of importance of wellness and health in society	Analyzes the importance or lack of importance of wellness and health in society, but analysis is cursory	Does not analyze the importance or lack of importance of wellness and health in society	5.5

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Introduction: Discipline of Study [IDS-402-01]	Meets “Proficient” criteria, and analysis demonstrates keen insight into how wellness has influenced the behaviors and operations of individuals in the discipline of study	Analyzes how wellness has influenced the behaviors and operations of individuals in the discipline of study or area of interest	Analyzes how wellness has influenced the behaviors and operations of individuals in the discipline of study or area of interest, but analysis is cursory	Does not analyze how wellness has influenced the behaviors and operations of individuals in the discipline of study or area of interest	5.5
Introduction: Social Practices [IDS-402-01]	Meets “Proficient” criteria, and analysis demonstrates keen insight into how the idea of wellness and social practices have influenced each other	Analyzes how social practices have shaped the idea of wellness and how that idea of wellness has shaped social practices	Analyzes how social practices have shaped the idea of wellness and how that idea of wellness has shaped social practices, but analysis is cursory	Does not analyze how social practices have shaped the idea of wellness and how that idea of wellness has shaped social practices	5.5
Issue: Social or Global Issue [IDS-402-03]	Meets “Proficient” criteria, and description demonstrates a nuanced understanding of the relationship between the chosen issue and wellness	Describes a social or global issue and how it relates to wellness, and uses appropriate research strategies	Describes a social or global issue and how it relates to wellness, and uses research strategies, but description is cursory or research strategies are inappropriate	Does not describe a social or global issue and how it relates to wellness	5.5
Issue: Target Population [IDS-402-03]	Meets “Proficient” criteria, and description demonstrates a nuanced understanding of the target population	Describes the target population of the issue, and uses appropriate research strategies	Describes the target population of the issue, and uses research strategies, but description is cursory or research strategies are inappropriate	Does not describe the target population of the issue	5.5
Issue: Topic [IDS-402-03]	Meets “Proficient” criteria, and makes cogent connections between the chosen issue and a topic discussed in this course	Explains how the chosen issue relates to a topic discussed in this course, and uses appropriate research strategies	Explains how the chosen issue relates to a topic discussed in this course, and uses research strategies, but explanation is cursory or research strategies are inappropriate	Does not explain how the chosen issue relates to a topic discussed in this course	5.5
Issue: Impacting [IDS-402-06]	Meets “Proficient” criteria, and relevant research or diverse perspectives used demonstrate a nuanced understanding of how the chosen issue is impacting the target population	Assesses how the chosen issue is impacting the target population, and uses relevant research or diverse perspectives	Assesses how the chosen issue is impacting the target population, and uses relevant research or diverse perspectives, but assessment is cursory or use of relevant research or diverse perspectives is inappropriate	Does not assess how the chosen issue is impacting the target population	5.5
Plan: Goals [IDS-401-04]	Meets “Proficient” criteria, and goals are plausible and detailed	Explains the goals of the plan	Explains the goals of the plan, but explanation is cursory	Does not explain the goals of the plan	5.5

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Plan: Recommendations [IDS-402-04]	Meets “Proficient” criteria, and recommendations demonstrate keen insight into how to address the chosen issue	Makes recommendations for how the current issue could be addressed in order to minimize its impact on the target population	Makes recommendations for how the current issue could be addressed in order to minimize its impact on the target population, but recommendations made are cursory	Does not make recommendations for how the current issue could be addressed in order to minimize its impact on the target population	5.5
Plan: Challenges [IDS-402-06]	Meets “Proficient” criteria, and explanation reveals in-depth awareness of challenges of overcoming issues in wellness	Explains what challenges will be faced when implementing the plan, and uses relevant research or diverse perspectives	Explains what challenges will be faced when implementing the plan, and uses research or diverse perspectives, but explanation is cursory or use of research or diverse perspectives is inappropriate	Does not explain what challenges will be faced when implementing the plan	5.5
Plan: Strengths [IDS-402-04]	Meets “Proficient” criteria, and relevant research or diverse perspectives used demonstrate keen insight into why the plan would be successful	Explains the strengths of the plan and why it is likely to be successful	Explains the strengths of the plan and why it is likely to be successful, but explanation is cursory	Does not explain the strengths of the plan and why it is likely to be successful	5.5
Conclusion: Impact [IDS-402-02]	Meets “Proficient” criteria, and use of the four lenses demonstrates a nuanced understanding of the impact of wellness on modern society	Explains how issues in wellness impact modern society through the four lenses	Explains how issues in wellness impact modern society through the four lenses, but explanation or use of the four lenses is cursory	Does not explain how issues in wellness impact modern society through the four lenses	5.5
Conclusion: Idea of Wellness [IDS-402-02]	Meets “Proficient” criteria, and use of the four lenses demonstrates a nuanced understanding of how the idea of wellness has or has not changed	Explains how selected topic has or has not shaped the idea of wellness through the four lenses	Explains how selected topic has or has not shaped the idea of wellness through the four lenses, but explanation or use of the four lenses is cursory	Does not explain how selected topic has or has not shaped the idea of wellness through the four lenses	5.5
Conclusion: Influence [IDS-402-01]	Meets “Proficient” criteria, and demonstrates a nuanced understanding of the influence of the various components of wellness on personal and professional contexts	Explains how the various components of wellness influence both personal and professional contexts	Explains how the various components of wellness influence both personal and professional contexts, but explanation is cursory	Does not explain how the various components of wellness influence both personal and professional contexts	5.5

Critical Elements	Exemplary (100%)	Proficient (85%)	Needs Improvement (55%)	Not Evident (0%)	Value
Conclusion: Attitudes, Choices, and Behaviors [IDS-402-06]	Meets "Proficient" criteria, and relevant research or diverse perspectives used demonstrate a nuanced understanding of the potential of changing attitudes, choices, and behaviors to improve personal and societal wellness	Assesses how changing attitudes, choices, and behaviors have the potential to improve personal and societal wellness, and uses relevant research or diverse perspectives	Assesses how changing attitudes, choices, and behaviors have the potential to improve personal and societal wellness, and uses relevant research or diverse perspectives, but assessment is cursory or use of relevant research or diverse perspectives is inappropriate	Does not assess how changing attitudes, choices, and behaviors have the potential to improve personal and societal wellness	5.5
Presentation: Organized [IDS-402-05]	Meets "Proficient" criteria, and organization cogently conveys the message to the target audience	Constructs the presentation in such a way that ensures the audio and visual elements are logically organized in order to convey message to the target audience	Constructs the presentation in such a way that ensures the audio and visual elements are organized to convey message to the target audience, but organization is illogical or does not meet all criteria	Does not construct the presentation in such a way that ensures the audio and visual elements are logically organized in order to convey message to the target audience	5.5
Presentation: Evidence [IDS-402-05]	Meets "Proficient" criteria, and supporting evidence in the presentation cogently conveys the importance of the chosen issue and the goals of the plan	Provides evidence that supports the importance of the chosen issue and the goals of the plan	Provides evidence that supports the importance of the chosen issue and the goals of the plan, but supporting evidence does not meet all criteria	Does not provide evidence that supports the importance of the chosen issue and the goals of the plan	5.5
Presentation: Flow [IDS-402-05]	Meets "Proficient" criteria, and the flow of the presentation cogently articulates the importance of the chosen issue and the goals of the plan	Selects multimedia elements to logically flow with the presentation to articulate the importance of the chosen issue and the goals of the plan	Selects multimedia elements to flow with the presentation to articulate the importance of the chosen issue and the goals of the plan, but audio elements do not meet all criteria	Does not select multimedia elements to logically flow with the presentation to articulate the importance of the chosen issue and the goals of the plan	5.5
Articulation of Response	Submission is free of errors related to citations, grammar, spelling, syntax, and organization and is presented in a professional and easy-to-read format	Submission has no major errors related to citations, grammar, spelling, syntax, or organization	Submission has major errors related to citations, grammar, spelling, syntax, or organization that negatively impact readability and articulation of main ideas	Submission has critical errors related to citations, grammar, spelling, syntax, or organization that prevent understanding of ideas	1
Total					100%

Rubric Annotations

Term	Definition
Organized	Presentation is clear and cohesive, particularly for the audience. It begins with a broader view of the topic and then narrows the focus.
Evidence	Supporting research or perspectives are incorporated into the presentation and support the message of the presentation. Includes at least three resources cited in appropriate APA or MLA format.
Flow	Audio elements emphasize the key ideas of the speech and flow cohesively with the accompanying presentation.